

ABOUT THE RACE

The Shoreline Classic is the premier Road Race in downstate Illinois. In its 21st year, this event draws over a thousand runners and spectators from across the Midwest. The race provides both a competitive and recreational event for athletes while promoting the value of living a healthy lifestyle. The 5K and 15K races are run along the shores of beautiful Lake Decatur in a colorful fall setting. The 5K race offers runners a fast course, while the 15K features rolling terrain.

Shoreline Squad Training Program St. Mary's AthletiCare and the Shoreline Classic have developed a training program to provide new and experienced runners a structured program to finish their first 5K or 15k runs. Contact AthletiCare at (217) 428-6222 or visit www.shorelineclassic.com for more details.

Lodging/Special Room Rates Special Room Rate of \$75/night offered at Country Inn & Suites for Shoreline Classic participants. Deadline for rate is September 1 with 24 hour cancellation policy. Located at 5250 Hickory Point Frontage Road, (Near HWY 51 & I-72). Phone (217) 872-2402.

Kroger Post-Race Party will feature food, energy drinks, music and awards ceremony. Enjoy a range of different food items including sandwiches, fruit, and specialty items from Ray's Chili.

Time Limits

In an effort to work with the community, a 12 minute/mile pace will be in effect on the 15K course only. This translates to an approximate time of 1:50:00.

Special Thanks

The Shoreline Classic would like to give special thanks to the community of Decatur, Decatur Park Police, Decatur Auxiliary Police, St. Mary's Hospital EMS System and all of our volunteers and sponsors!



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decaturn
running club

USATF certified courses
points race for Decatur,
Springfield, Bloomington
and Illinois Valley running clubs
post-race party with DJ

\$2000 awarded to high
school running programs
\$1000 bonus for
15K course records
15k prize money up to \$4300

Chip timing
Shoreline Classic
P.O. Box 3397
Decatur, IL 62524



21ST ANNUAL SHORELINE CLASSIC SUNDAY, SEPTEMBER 19, 2010

15K RUN • 5K RUN/WALK • TOT TROT

Presented By
AthletiCare
St. Mary's Hospital



Chip Timing

The Shoreline Classic
proudly donates \$2000 to high
school running programs.

Pre-register & vote
for your local school.

RACE AWARDS

15K Monetary Awards

15K (men & women): 1st – \$500, 2nd – \$300, 3rd – \$200, 4th – \$100, 5th – \$50
Elites see website for rules and bonus money schedule.

15K Course Records (men & women)
\$1000 bonus for course record (details on website)
Men's = 44:51 / Women's = 52:14

15K & 5K Plaques
Hand-carved, oak leaf plaques awarded 3-deep in 5-year age groups and top 3 overall men/women in 5K wheelchair division. Special plaques awarded to Overall and Masters winners in each race.

15K & 5K & Tot Trot Finisher Medallions
Awarded to all finishers.

RACE INFORMATION

Information www.shorelineclassic.com
shorelineclassic@gmail.com

Entry Fees (\$5 discount for online entry)

15K Run & 5K Run/Walk	\$30
	\$35 (after 9/7)
17 and under	\$20
	\$23 (after 9/7)
Tot Trot	\$5 (mail/online through race day)

Race Starting Times

15K Run • 7:30 AM	5K Run/Walk • 8:00 AM
Tiny Tot Trot • 9:15 AM	Mighty Tot Trot • 9:25 AM
Ages 5/under • 50 yds	Ages 6-10 • 200 yds

15K Run & 5K Run/Walk info

15K is a loop. 5K is out and back. Paved roads. Times given at all mile marks. 15K/4 water stops. 5K/1 water stop. Traffic control.

Not Allowed on the Race Course

Strollers, headphones, roller blades, skateboards, leashed or unleashed animals. Baby joggers on 5k course only.

EVENT INFORMATION

Shoreline Supports High School Athletics

The Shoreline Classic provides money to help fund high school running programs.

1st Chance All pre-registrants may write-in a school as a potential recipient on Entry Form. The top three schools with the most pre-registered votes wins \$500 each. Entry form must be received by 9-7.

2nd Chance All pre-registered and race-day entry forms will be included in 2 random drawings for \$250 each. (Winners of 1st Chance money are not eligible for random drawings). Pre-register and make your vote count!

Shoreline Tot Trot

Time for the young ones to join in the Shoreline fun! The Tot Trot includes divisions -Tiny Tots (ages 5/under • 50 yds) and Mighty Tots (ages 6-10 • 200 yds). Come watch the Tiny Tots take off at 9:15, followed by the Mighty Tots at 9:25!

Shoreline Training Information

See reverse side for schedule.

Registration - Nelson Park, Pavillion 1

15K Run • 5K Run/Walk • Tot Trot
Friday Night Packet Pickup – 5:00 PM to 7:00 PM
Sunday, Sept. 19
15K – 6:15 to 7:15 AM • 5K – 6:15 to 7:45 AM
Tot Trot – 6:15 to 9:00 AM

Register online at www.signmeupsports.com

Chip Timing

The Shoreline Classic will be utilizing chip timing for this year's 15K and 5K runs for more accurate results. Timing chips must be returned at the conclusion of the race or a \$30 non-return fee will be accessed. Timing Chips must be worn to count in official results. Information on website under FAQs.

Course maps and directions to course are available at www.shorelineclassic.com.

ENTRY FORM

On-line registration at www.signmeupsports.com
\$5 DISCOUNT ONLINE No refunds for any reason

Last name _____
 First name _____
 Address _____
 City _____
 State _____ Zip _____
 Phone _____
 E-Mail _____
 Sex _____ Age on race day _____
 Birthday _____
 High School nomination for Award Money _____

Tot Trot 5K Run/Walk 5K Wheelchair 15K Run
(by mail only)

15K and 5K adult size long sleeve T-shirt (dry-release)
Shirts limited to first 1000 entrants.

S M L XL XXL (circle one)

15K Run & 5K Run/Walk \$ _____
\$30 • \$35

17 and under: \$ _____
\$20 • \$23

Tot Trot: \$ _____
\$5 pre-registration or day of race (treat bags/medal included)

\$1 discount to DRC, SRRC, LRC and IVC members (circle one) \$ _____

TOTAL \$ _____

Make checks payable to: Shoreline Classic
Mail to: P.O. box 3397, Decatur, IL 62524

Waiver: I know that training for and participating in a road race is a potentially hazardous activity which could cause injury or death. I should not participate in the Shoreline Squad and run the Shoreline Classic unless I am medically able and properly trained. By my signature, I certify that I am medically able to perform this event. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, effects of the weather, including high heat and/or humidity, traffic and the conditions of the road all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release any and all rights for damages I may have against the Decatur Running Club, AthletiCare and all organizations, and their officers, directors, agents and employees involved with the Shoreline Squad and the Shoreline Classic for any injuries suffered by me during this activity. I grant full permission to use photos and records of this event.

Signature _____ Date _____

Parent signature (if under 18) _____ Date _____

SHORELINE CLASSIC SPONSORS - GOLD

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SILVER

